



Leeds Health and Care Academy

Mental health first aid - don't miss these events for Leeds health and care organisations on Friday 29 March, 2019

Leeds Health and Care Academy is proud to host two events: one bringing mental health first aiders across the city together and another designed for leaders in health and care. Book your places now - more details below.

The Henry Moore Room, Leeds Art Gallery, The Headrow, Leeds LS1 3AA

Big chat - mental health first aid for the health and care workforce. 9am to 12noon

Mental health first aid and how it can support your employees.

This event is for leaders and decision makers and speakers will include Dr Sara Munro, Chief Executive Leeds and York Partnership NHS Foundation Trust; Sheree Axon, Director Leeds Health and Care Academy; Martha Clowes, Mindful Employer Coordinator for Leeds; and Julie Neethling, a mental health first aider.

Booking details:

<https://www.eventbrite.com/e/big-chat-on-mental-health-first-aid-collaboration-in-leeds-tickets-58746449211>

Mental health first aiders networking event. 1pm until 4pm

For mental health first aiders and staff interested in training to become one.

An opportunity for mental first aiders to come together and share experiences with people interested in joining them. The day will also launch the citywide mental health first aider network. Speakers include Chris Ingham, Head of Health and Safety at Leeds City Council, and Catherine Ward, Health Improvement Principal, Public Health Leeds.

Booking details:

<https://www.eventbrite.com/e/mental-health-first-aid-in-the-leeds-health-and-care-workforce-networking-event-tickets-58747443184>



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