



Carers Leeds

Working together to support carers

Are you caring for a family member or friend with dementia?

4 free workshops to help carers find out more about:

- Understanding dementia
- Coping with unusual behaviours
- Legal and money matters
- Accessing support and services

(It would be most beneficial to attend all 4 sessions)

Where	Day	When	Time
Yeadon Town Hall	Wed	Mar 4 th , 11 th , 18 th & 25 th	12 ^{pm} to 2 ^{pm}
Garforth Library	Fri	Apr 17 th , 24 th , May 1 st & 15 th	11 ^{am} to 1 ^{pm}
Maecare LS17	Tue	Jun 2 nd , 9 th , 16 th & 30 th	11 ^{am} to 1 ^{pm}
Carers Leeds	Fri	Jun 2020 12 th , 19 th , 26 th & Jul 3 rd	11 ^{am} to 1 ^{pm}
Carers Leeds	Fri	Nov 2020 13 th , 20 th , 27 th & Dec 4 th	11 ^{am} to 1 ^{pm}

To find about other events visit:

www.carersleeds.org.uk/events/category/dementia/

For more information or to book a place please contact Lisa McAvan, Dementia Carer Support Manager on 0113 380 4307 or email lisa.mcavan@carersleeds.org.uk

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www.carersleeds.org.uk

Carers Advice Line
0113 380 4300